



First Aid – Cooney

Requirements were **REVISED** effective January 1, 2024.

**This Merit Badge
is Required to earn the Eagle Scout Rank**

Items in **BOLD print** are prerequisites for this merit badge.

1. **Demonstrate to your counselor that you have current knowledge of all first-aid requirements for [Tenderfoot](#), [Second Class](#), and [First Class](#) ranks. (Review and be prepared to discuss and demonstrate these requirements.)**
2. Explain how you would obtain emergency medical assistance from:
 - a. Your home
 - b. A remote location on a wilderness camping trip
3. Define the term **triage**. Explain the steps necessary to assess and handle a medical emergency until help arrives.
4. Explain the precautions you must take to reduce the risk of transmitting an infection between you and the victim while administering first aid.
5. **Do the following:**
 - a. **Prepare a first-aid kit for your home. Display and discuss its contents with your counselor. (Bring for inspection.)**
 - b. **With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader. (Bring a list of the contents, what needs to be added.)**
6. Describe the early signs and symptoms of each of the following and explain what actions you should take:
 - a. Shock
 - b. Heart attack
 - c. Stroke
7. Do the following:
 - a. Describe the conditions that must exist before performing CPR on a person.
 - b. Demonstrate proper CPR technique using a training device approved by your counselor.
 - c. Explain the use of an automated external defibrillator (AED).

- d. Demonstrate or simulate the proper use of an automated external defibrillator (AED), using an AED training device if available.
 - e. Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.
 8. Do the following:
 - a. Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely.
 - b. Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding.
 - c. Explain when it is appropriate and not appropriate to use a tourniquet. List some of the benefits and dangers of the use of a tourniquet.
 - d. Demonstrate the application of a tourniquet without tightening it.
 9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
 10. Describe the signs, symptoms, and potential complications of a fracture and dislocation.
 11. Demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the
 - a. Fingers
 - b. Forearm
 - c. Wrist
 - d. Upper leg
 - e. Lower leg
 - f. Ankle
 12. Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the neck or back.
 13. Describe symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:
 - a. Concussion
 - b. Anaphylaxis/allergic reactions
 - c. Asthma attack
 - d. Bruises
 - e. Sprains or strains
 - f. Hypothermia
 - g. Frostbite
 - h. Burns—first, second, and third degree
 - i. Convulsions/seizures
 - j. Dehydration
 - k. Muscle cramps
 - l. Heat exhaustion
 - m. Heat stroke
 - n. Abdominal pain
 - o. Broken, chipped, or loosened tooth
 14. Do the following:

- a. Describe the conditions under which an injured person should be moved.
- b. If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.
- c. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

15. Describe the following:

- a. **The indications that someone might be a danger to themselves or others.**
- b. **What action you should take if you suspect that someone might be a danger to themselves or others.**

16. Teach another Scout a first-aid skill selected by your counselor.
